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Label the situations below as WORK or NO WORK


The man lifts the bar above his head.


She pushes on the wall for 5 minutes.


She carries the glass across the room.


The teacher teaches a lesson.
 my car out of the ditch.

C alculate how much work is being done in the situations below.

1. A box of toys weighs 50 N . I push it across my garage floor a distance of 4 meters. How much work have I done?
2. I am trying to move a large rock in my yard. I push with a force of 1000 N and the rock moves 0 meters. How much work have I done?
